



Monitoring the Cost of Nutritious Diets: Updates from MoFA-SRID

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Information for Nutrition Impact

- MoFA aims to help ensure economic viability for farming in Ghana, and also food and nutrition security for Ghana.
- MoFA has a mandate to ensure food security
 - This includes access to nutritious foods



Food Price Monitoring by MoFA-SRID

- MoFA-SRID supports this mandate, provides information for decision-making in agriculture, by tracking production and food price data.
 - Collects prices on a weekly basis of agricultural commodities in 170 markets nationwide as at 2019
 - This provides a powerful structure to track access to nutritious food.



Food Price Monitoring by MoFA-SRID

- Previously, the food list for food price data collection was missing some nutritious foods.
 - Could be used for many basic commodities, but could not very well track the cost of nutritious diets.
 - Difficult to formulate informed policies and programs toward food and nutrition security without data showing the problem areas



Partnership with IANDA: Food list

- Indicators of Affordability of Nutritious Diets in Africa (Tufts University & University of Ghana)
- IANDA reviewed current MoFA-SRID food list and suggested important nutritious foods to be added;



Partnership with IANDA: Food list

- 22 foods added in all; most worked well
 - Such as: several dark green leafy vegetables; some fruits; two additional beans/seeds; meat and fish in the form typically bought by consumers
- MoFA-SRID piloted in 7 markets the expanded list and made the decision to institutionalize it



Expanded Food List

Cereals	White Roots And Tubers & plantains	Pulses	Nuts And Seeds	Dark Green Leafy Vegetables	Seed Oil
Maize	Yam	Cowpea (White)	Unshelled Groundnut	Nkontommire	Coconut Oil
Millet	Cocoyam	Soya bean	Groundnut Red	Ademe/ Ayoyo (jute mallow)	Palm Oil
Sorghum	Cassava	Bambara Bean	Melon Seeds	Alefu (Amaranthus)	Ground nut oil
Rice	Gari				
	Cassava Dough				
	Dried Cassava Powder (Kokonte)				
	Plantain				
	Sweet Potato				



Expanded Food List

Meat, Poultry & Fish	Vegetables	Fruits	Egg	Dairy
Beef	Tomato	Mango	Egg	Fresh Cow Milk
Pork	Garden Egg	Pineapple		
Salted Dried Fish (Koobi)	Okro	Palm Fruit		
Smoked Herring	Onion	Water Melon		
Live Bird	Ginger	Orange		
Anchovy	Pepper	Banana		
Chicken	Cabbage	Avocado Pear		
Mutton (Sheep Meat)	Lettuce	Pawpaw		
Snail	Carrot	Coconut (fresh)		
Chevon (Goat meat)				
Fresh Fish				



Experience of Piloting

- Weighing of some of the leafy vegetables was a challenge
- Unit of measure was interestingly different across markets



State of Institutionalization

- Expanded Food list Questionnaire sent to all 16 regional offices and
- Weekly Market Price Reports for the expanded food list being generated now



Reporting Status of Districts & Markets by Region

Region	Number of Districts	Number of Markets
Ashanti	22	25
Brong Ahafo	11	11
Central	17	18
Eastern	18	18
Greater Accra	18	22
Northern	25	27
Upper East	10	10
Upper West	5	5
Volta	19	24
Western	9	10
Grand Total	154	170



Other updates to data collection system

- The burden of the Enumerator calculating the averages has been eliminated
- An Excel format designed with formula to generate averages
- Enumerators reports on what can be seen and weighed



Timeliness and availability of the data

- Enumerators enter raw data on excel sheet format
- 20 selected markets send data via internet weekly to SRID HQ
- All Enumerators now send data via internet to regional office weekly/monthly
- Regional Monthly data reaches SRID HQ via internet
- End-users can access the data by request.



Partnership with IANDA: Indicator development

- IANDA developed new indicators based on new MoFA-SRID data
 - **Cost of a Healthy Diet** – featured in the SOFI 2020
- Using the recently-expanded food list, MoFA-SRID could track these indicators using food price monitoring data
 - Could see where, and when, nutritious diets are too expensive
- Further partnership planned within the **Food Prices for Nutrition** project (following IANDA)



Food
Prices for
Nutrition



Opportunities for partnership within Ghana to monitor the affordability of nutritious diets

- Collaboration with WFP, USAID and ESOKO to improve **Timeliness of Data Availability**
- Collaboration with other Agencies like GSS, GHS to **Analyze** and **use** Price Data



Better Information for decision-making for Nutrition Impact

- These indicators can be used for decision-making toward a more nutritious food system



**THANK YOU ALL FOR
YOUR ATTENTION**